

Morning Prayers

Most Holy Trinity, Father, Son and Holy Spirit, I Praise for Your Infinite Perfections. I Thank You for having Created me out of Nothing, a Poor Creature worth no more than Dust and Ashes in Your Sight.

Lord, I Deserve to be in Hell for all the Sins I have Committed. I am Sorry for them from the bottom of my Heart, Please have Mercy on me.

O Lord, I Adore You and I Bless You. I give You Glory and Honor and Praise for You are the Supreme God and Creator of myself, and all that exists.

Lord take my life and do with me as you please. Lead me and guide me today, and all the days of my life, making every decision that comes my way. Lord, speak to my soul, and Teach me to do Your Will Lord for I only want Your Will to be done in my life. Amen.

O Jesus, Through the Immaculate Heart of Mary, I offer You all my Prayers, Works, and Sufferings of this day, for the Intentions of Your Sacred Heart, in union with all the Masses throughout the world, in Reparation for all my sins, for the Conversion of Sinners, for all our Christian Brothers and Sisters, and for the Intentions of our Holy Father. Amen.

O Most Holy Angel, appointed by God to be my Guide and Protector. You are always at my side. What Thanks can I give you for all the help you have given me.

You Watch over me when I sleep; you Console me when I'm sad;

you Lift me up when I fall; you Avert the Dangers that threaten me;

you Prepare me for the future; you Keep me from evil and Encourage me to do Good; you Urge me to do Penance when I yield to Temptation;

and Reconcile me to my Offended God.

Your Prayers have so many times Averted the Anger of God and kept me from Hell. Leave me not, then, I beg you, but still Comfort me in Adversity, Restrain me in Prosperity, Defend me in Danger, and Assist me in Temptations. Offer to God my Prayers and obtain for me the Gift of Final Perseverance, and the Grace to die in the Friendship of my Creator, and so enter into Eternal Life. Amen.

Hail Joseph the Just, Wisdom is with you; Blessed are you among all men and Blessed is Jesus, the Fruit of Mary, your Faithful Spouse. Holy Joseph, worthy foster-father of Jesus Christ, Pray for us sinners and obtain Divine Wisdom for us from God, now and at the Hour of our Death. Amen

Hail Mary, Full of Grace, the Lord is with You. Blessed are You among Women and Blessed is the fruit of Your Womb, **Jesus**. **Holy Mary, Mother of God**, Pray for us Sinners, now and at the Hour of our Death. Amen.

Hail Mary, Well-beloved Daughter of the Eternal Father, Admirable Mother of the Son, Most Faithful Spouse of the Holy Spirit, Glorious Temple of the Blessed Trinity. Sinner as I am, I cast myself at your feet and beg you to obtain from Jesus, your dear Son, Contrition and Pardon for all my sins. I Consecrate myself to You with all that I have. I choose You today as my Mother and Mistress; treat me then, as the weakest of your children and the most submissive of your servants.

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Hear, **O my Queen**, the Prayers of a Heart that desires to Love and Serve You Faithfully. If You see anything in me which does not belong to You, I beg You to take it away from me and make Yourself the Absolute Mistress of all that is mine. Destroy in me all that may be displeasing to God, root it up and bring it to nothing; and then place and cultivate in me everything that is pleasing to You.

O my Hope, my Life, my Faithful and Immaculate Virgin Mary, Hear me, Protect me, Strengthen me, Instruct me, and Save me.

O Mary, may the Light of Your Faith dispel the darkness of my mind;
may Your Profound Humility take the place of my pride;
may Your Sublime Contemplation stop the distractions of my wandering imagination;
may Your Continuous Sight of God fill my memory with His Presence;
may the Burning Love of Your Heart inflame the Luke Warmness of mine;
may Your Virtues take the place of my sins;
may Your Merits be my Only Adornment in the Sight of God and make up for all that is lacking in me.

Finally, my **Dearly Beloved Mother**, Please Grant, if it be possible, that I may have no other Spirit but Yours to know Jesus and His Divine Will;
that I may have no other Soul but Yours to Praise and Glorify the Lord;
that I may have no other Heart but Yours to Love God with a Love as Pure and Ardent as Yours. I do not ask You for Visions, Revelations, Sensible Devotion or Spiritual Pleasures. It is Your Privilege to See God Clearly;
It is Your Privilege to Enjoy Heavenly Bliss;
It is Your Privilege to Triumph Gloriously in Heaven at the Right Hand of Your Son and to Hold Absolute Power over Angels, Men and Demons;
It is Your Privilege to Dispose of all the Gifts of God, just as You Will.

Such is, **O Heavenly Mary**, the "Best Part", which the Lord has given You and which shall never be taken away from You, and this thought fills my Heart with Joy.
As for my part here on earth, I wish for no other than that which was Yours:
to Believe Sincerely without Spiritual Pleasures;
to Suffer Joyfully without Human Consolation;
to Die Continually to myself without Reprieve;
and to Work Zealously and Unselfishly for You until death as the Humblest of Your Servants.

My Queen, you are the one who Guides Souls to God. Surely you cannot expect me to draw closer to God if you do not take me by the hand and lead the way. Take Hold of me my Mother. If I resist, use Force. Show Heaven your Power. Show everyone the Depth of your Mercy. Lead a faithless lover like me back to Close Union with God. You can make me a Saint my Mother, and I depend on you to do it! Amen.

O Lord, give me light in today's Meditation, so that I might draw fruit from it!

(After Meditation, Conclude with Spiritual Life Prayers)